

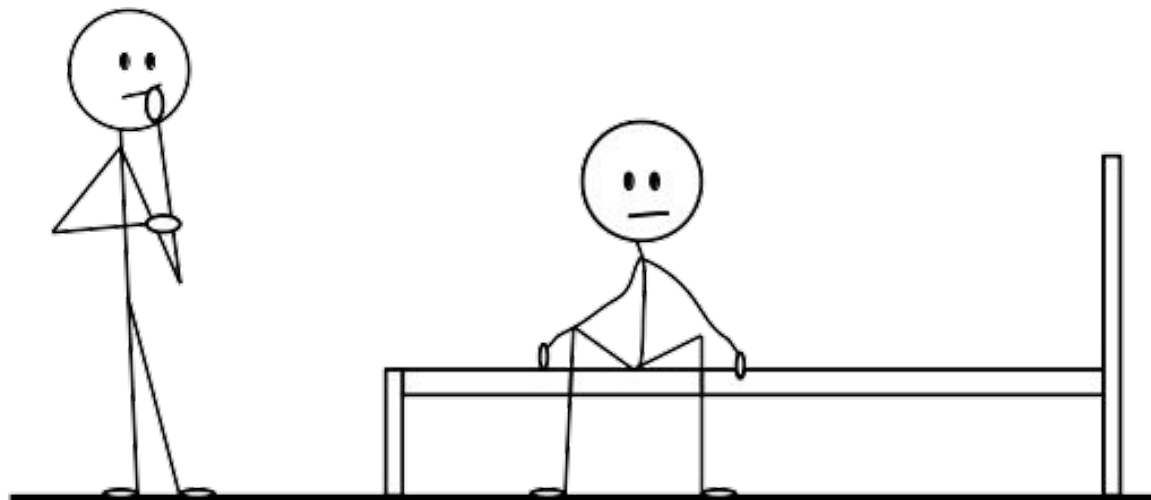
Advance care planning and frailty: working with patients, carers and clinicians to co-design a new approach.

Dr Sarah Hopkins

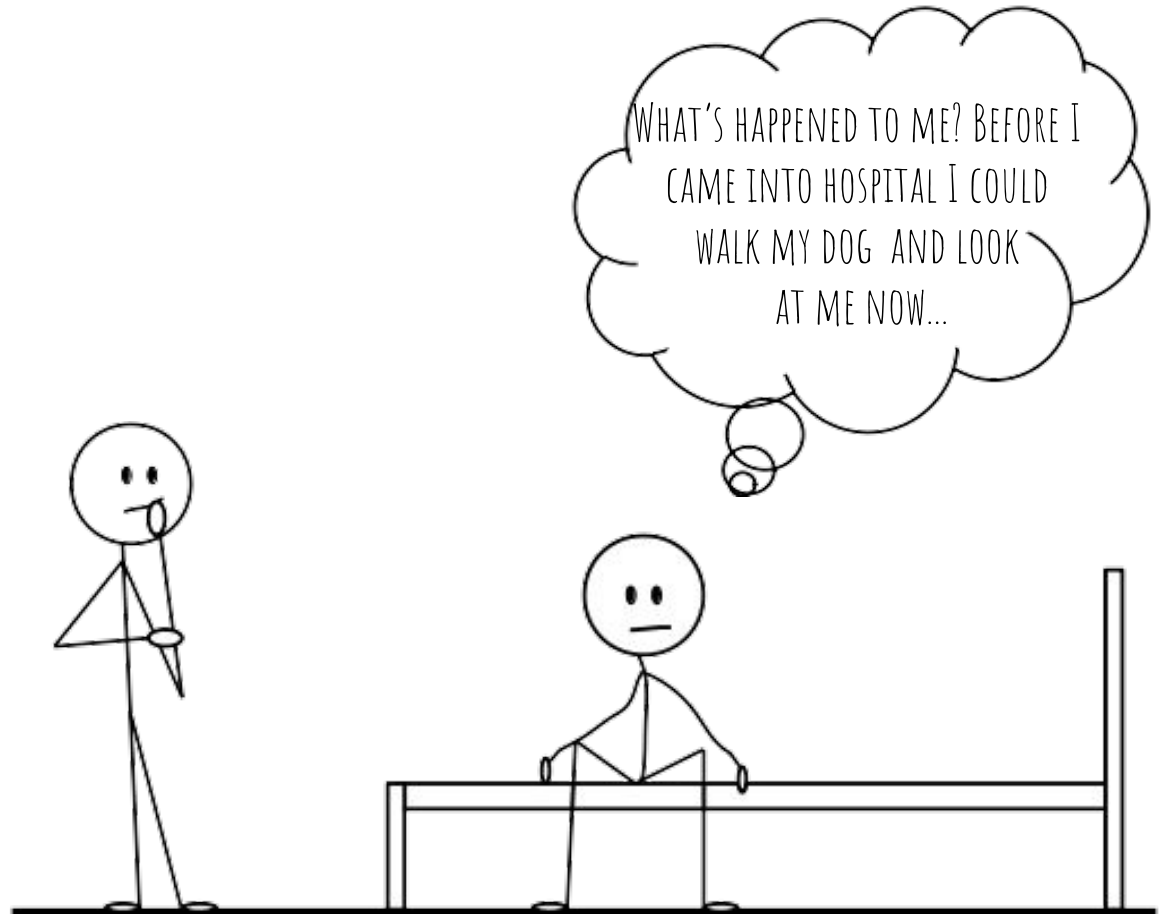
Supervisors: Professor Stephen Barclay, Professor Rowan Harwood, Professor Mike Kelly, Dr Rhian Simpson

Mentors: Professor Andrée le May, Professor John Gabbay, Dr Louisa Polak

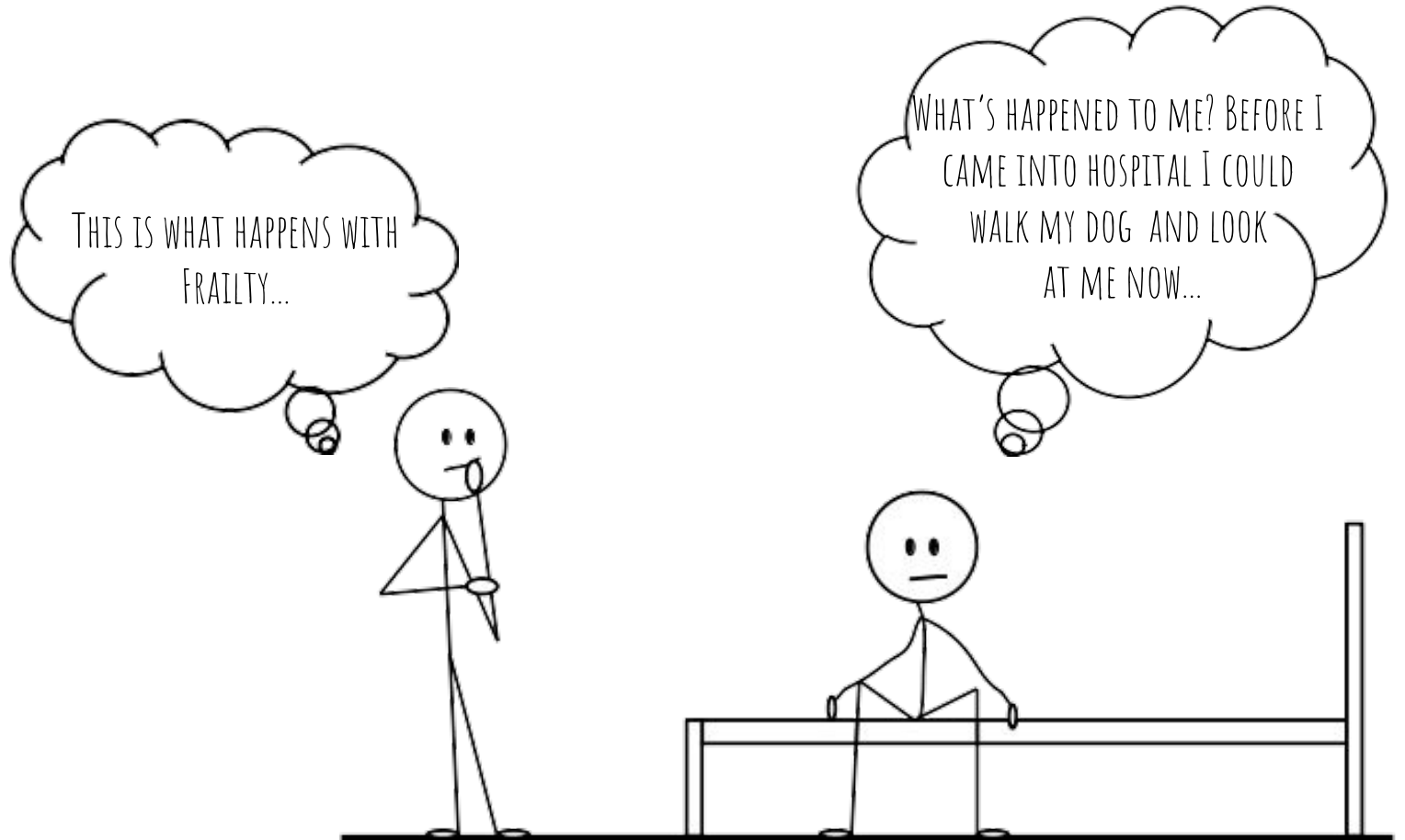
Mr Patel



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Current advance care planning approaches do not meet
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Research Question

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Research Methods

Qualitative longitudinal multiperspective case studies: individual with frailty, informal carer, healthcare professional.

Drawing on this data, patients, carers and healthcare professionals will co-design an intervention prototype to improve care.

Questions for discussion

Drawing on your own experience as a practitioner, researcher, or from lived experience:

1. What are your experiences of helping a frail older individual make sense of their situation?
Can you think of a time when this has gone well and when it's gone badly?
Or if you yourself are living with frailty, what are your experiences of making sense of this?
2. What conversations with healthcare professionals do you think would improve frail older individuals' experiences of living and dying with frailty. Why?

Thank you so much for your time and input. If you'd like to get in touch, please email me:

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