

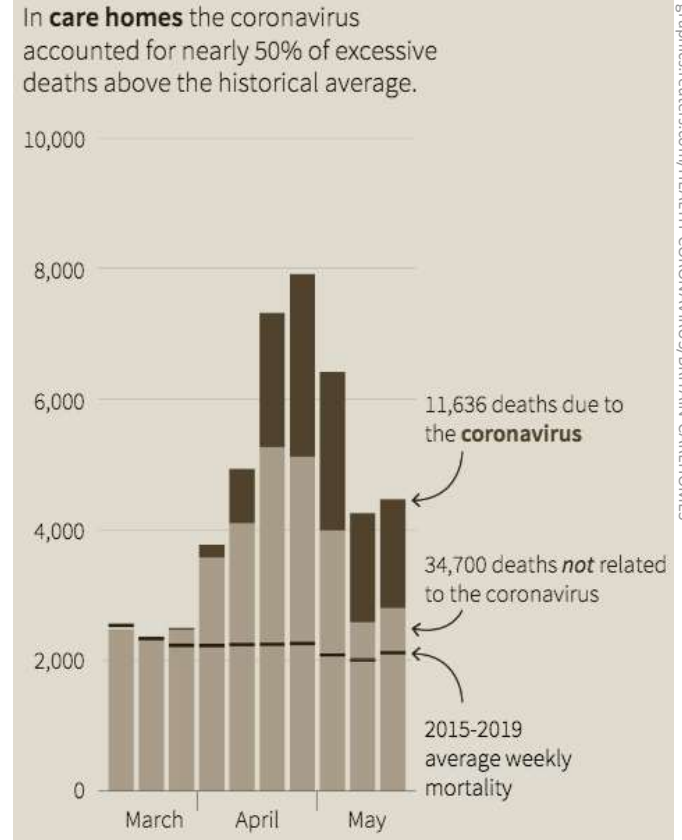
The Medicine Cabinet:

End-of-Life Controlled Drugs & Anticipatory Prescribing in U.K. Care Homes

PhD Student: Megha Majumder

Supervisors: Professor Stephen Barclay, Professor Kristian Pollock, Professor Claire Goodman

End of Life Care Group, Dept. of Public Health and Primary Care, University of Cambridge
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Proposed Timeline & Scope of Study

2019

Literature Review & Early Exposures

Care home exposure & informal literature review



2020

Systematic Review & Study Design

Systematic Review: *End-of-Life Controlled Drugs in UK Care Homes*

Study Designs:
AP Policy Study and
Anticipatory Prescribing in U.K. Care Homes
(Qualitative interviews)



2021

Care Home-Centric Studies

1. *Systematic Review*
2. *AP Policy Study*
3. *Anticipatory Prescribing in U.K. Care Homes Study*



2022

Final Report: Dissertation

Theory integration, theory creation, paper-writing, dissertation, dissemination, viva examination





"The projected rise of deaths in care homes is striking and warns of the urgent need to ensure adequate bed capacity, resources and training of staff in palliative care in all care homes in the country." - Dr. Anna Bone, Cicely Saunders Institute of Palliative Care, King's College London



"Without the right resources and investment in place to support care homes, now and in the future, more vulnerable people will die in unnecessary pain and distress." - Simon Jones, Director of Policy & Public Affairs at Marie Curie

Death in UK Care Homes



Care Homes & Anticipatory Prescribing

Anticipatory Prescribing & A Limited Evidence Base



- Care home communities were sidelined at the start of the pandemic
- Since then, they've adapted, but the pandemic has produced substantial shifts in care home guidelines
- The evidence base for new policies, as well as old care home practices - specifically anticipatory prescribing - is **lacking**
- This PhD aims to unfold the impact of accelerated changes on the processes of anticipatory prescribing



Research in the time of coronavirus...

My initial proposed study: ETHNOGRAPHY, a field-based investigation of anticipatory prescribing in UK care homes.

What did the pandemic mean for the world as I continued to build (and re-build) my project - one that would inevitably coincide with this period of global upheaval? Would ethnography remain viable? Or even ethical?



1. End-of-Life controlled drugs in U.K. care homes: A systematic literature review and narrative synthesis
2. End-of-Life Care prescribing in care homes and in the community in the UK: a mixed-methods study of local policies and procedures
3. **Anticipatory prescribing in End-of-Life Care in U.K. care homes: a qualitative interview study**

End of Life Care prescribing in care homes and in the community in the UK: a mixed-methods study of local policies and procedures.

Data
collection in
progress...

Aim: To investigate the availability of local / regional policies and procedures to guiding EOLC prescribing practice in community End-of-Life care across the UK, with a focus on changes introduced during the COVID-19 pandemic.

Data collection: We are in the process of developing a data extraction sheet.

Methods: Relevant stakeholders from a sample of CCG areas (or equivalent) from across the UK were identified from our previous study. We contacted these colleagues by email, requesting copies of policies/guidance concerning AP at home and in care homes.

Anticipatory Prescribing in End-of-Life Care in UK Care Homes: a Qualitative Interview Study

ETHICS in progress...

INTRODUCTION

Aims

- *(1) For whom and by whom are AMs prescribed?*
- *(2) How are AMs stored and monitored?*
- *(3) For whom and by whom are AMs administered?*
- *(4) How are AMs disposed of after a resident's death?*
- *(5) What are the views of care home staff and other health and social care professionals concerning these issues?*

METHOD & DESIGN

Phase I: Qualitative Interviews (5 months, Mar. 2021 - July 2021)

Phase II: Data Analysis (5 months, April 2021 - August 2021)

Phase III: Dissertation + Reports (6 months, Oct. 2021 - June 2022)

Discussion

1. How might we shape the interviews with care home managers, staff members, healthcare professionals, and visiting clinicians or pharmacists to extract important learnings about AP? What questions should we ask?
2. What can we do about the voices that are missing from this PhD research, and from the literature at large - the voices of family members and residents themselves?



**THANKS
FOR
LISTENING**

Thank you for your very helpful input, and thank you to **Dr. Stephen Barclay, Professor Kristian Pollock, and Professor Claire Goodman**, my wonderful supervisors!